

Ohio PREP Region 6 Quarterly Newsletter

March 2015



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What is Ohio PREP?

Personal Responsibility Education Program (PREP) for Foster Care and Adjudicated Youth

Ohio PREP is a grant program funded by the US Department of Health and Human Services, as a result of the Affordable Care Act of 2010. The Ohio Department of Health (ODH) provides grant funding for nine regions.

The program focuses on educating direct-care staff of foster care and adjudicated youth (14 – 19 years) to provide an evidence-based curriculum on BOTH abstinence and contraception to prevent pregnancy and sexually transmitted infections (STI), including HIV/AIDS. The curriculum also incorporates three adulthood readiness topics, including financial literacy, healthy relationships and educational career success. These educational programs are provided exclusively to youth in foster care and those involved with the juvenile justice system. The curriculum is not provided in schools.



Public Health
Prevent. Promote. Protect.



Goals of Ohio PREP:

- ◆ Reduce the rates of teen pregnancy and STI including HIV/AIDS
- ◆ Increase the number of youth in the target population who successfully transition to adulthood
- ◆ Increase and enhance workforce development of child welfare and juvenile justice professionals by providing consistent, standardized service training on evidence based teen pregnancy prevention curriculum and adulthood topics
- ◆ Develop a coalition of representatives of agencies/ organizations and key stakeholders from all nine counties who work and are familiar with the target population

Unintended Pregnancy Prevention

According to the CDC, an unintended pregnancy is a pregnancy that is mistimed, unplanned, or unwanted at the time of conception. Unintended pregnancy mainly results from the lack of, inconsistent, or incorrect use of effective contraceptive methods.

Unintended pregnancy rates remain high in the United States. About 49% of all pregnancies are unintended, with higher proportions among adolescent and young women, women who are of racial or ethnic minorities, and women with lower levels of education and income. Unintended pregnancies increase the risk for poor maternal and infant outcomes and result in billions of dollars spent in direct medical costs.

In the United States

According to a study published in 2011—

- Among women aged 19 years and younger, more than 4 out of 5 pregnancies were unintended.
- The proportion of pregnancies that were unintended was highest among teens younger than age 15 years, at 98%.
- Between 2001 and 2006, the proportion of pregnancies that were unintended—
- Declined from 89% to 79% among teens aged 15–17 years.
- Increased from 79% to 83% among women aged 18 and 19 years and from 59% to 64% among women aged 20–24 years.
- Large increases in unintended pregnancy rates were found among women with lower education, low income, and cohabiting women.

Source: Unintended pregnancy in the United States: incidence and disparities, 2006. Contraception. 2011; 84 (5): 478-485.

About half of unintended pregnancies are among women who were not using contraception at the time they became pregnant. The other half are among women who became pregnant despite reported use of contraception. Strategies to prevent unintended pregnancy include removing unnecessary medical barriers to contraceptive use and helping women and men at risk for unintended pregnancy choose appropriate contraceptive methods.

Family planning efforts that can help reduce unintended pregnancy include increasing access to contraception, particularly to the more effective and longer acting reversible forms of contraception, and increasing correct and consistent use of contraceptive methods among those who are sexually active but wish to delay or avoid pregnancy. Given that abstinence is 100 percent effective at preventing both pregnancy and sexually transmitted diseases, medical providers should encourage delayed sexual activity among youth “until they are ready”.

Source: Centers for Disease Control and Prevention.

Region 6 Staff

Canton City Health Department

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Project Coordinator

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Julie Chaya, KSU Grad Assistant

Career Navigation Group
Diana Miller, BS, LICDC

Independent Contractor
Julie Paine

Year 4 Grant Cycle:

August 1, 2014-July 31, 2015

PREP Coalition

Agencies that work with adjudicated and foster youth throughout Region 6 are invited to join the coalition and serve as resource persons for the **Northeast Ohio Personal Responsibility Education Program (NEOPREP) Region 6**. Coalition meetings are held quarterly. The goals of this project, as well as the process by which the goals are met, will be overseen by the coalition. The purpose of the coalition is to guide the direction of programming efforts throughout Region 6. The coalition members will assist as partners in circulating PREP information, soliciting agency participation, and networking with agency providers.



If you would like more information about this project or have an interest in participating in the coalition meetings, contact Dana Hale, RN, BSN, PREP Project Coordinator at (330) 489-3322.

Interested in learning more about Ohio PREP?

Learn *why* teaching youth about sexuality is important and *how* to talk to youth about sexuality.

For more information, contact Frank Catrone at the Canton City Health Department at fcatrone@cantonhealth.org or 330-489-3322.



PREP Coalition Conference Call

Join the PREP Coalition Conference Call on April 20, 2015 from 2:00-3:00 PM to discuss project efforts and learn more about Ohio Region 6 PREP.

Phone Number: 888-363-4735

Access Code: 3979737#

PREP Training Workshop

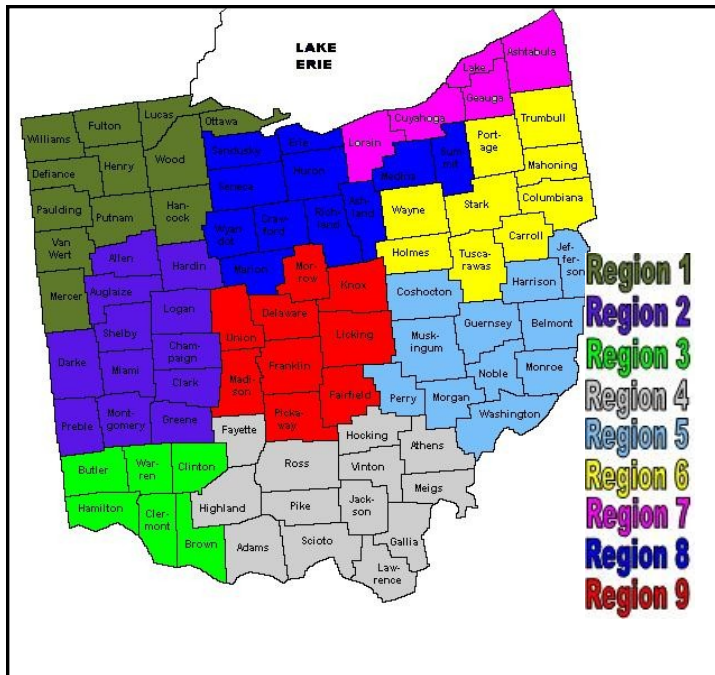
When: Thursday, April 30, 2015 from 8:15 AM-5:00 PM

Where: Northeast Ohio Regional Training Center (NEORTC)
264 South Arlington Street Akron, Ohio 44306

Audience: Direct care staff working with foster and adjudicated youth

For more information visit <http://neoprep6.ehhs.kent.edu>

Ohio PREP Regions



Region 1 (Northwest) Lucas County Health Department: Defiance, Fulton, Hancock, Henry, Lucas, Mercer, Ottawa, Paulding, Putnam, Van Wert, Williams, and Wood counties.

Region 2 (West Central) Planned Parenthood of Southwest Ohio: Allen, Auglaize, Champaign, Clark, Darke, Greene, Hardin, Logan, Miami, Montgomery, Preble, and Shelby counties.

Region 3 (Southwest) Planned Parenthood of Southwest Ohio: Butler, Brown, Clermont, Clinton, Hamilton, and Warren counties.

Region 4 (South) Planned Parenthood of Southeast Ohio: Adams, Athens, Fayette, Gallia, Highland, Hocking, Jackson, Lawrence, Meigs, Pike, Ross, Scioto, and Vinton counties.

Region 5 (Southeast) Belmont County General Health District in partnership with Noble and Perry County Health Departments: Belmont, Coshocton, Guernsey, Harrison, Jefferson, Monroe, Morgan, Muskingum, Noble, Perry, and Washington counties.

Region 6 (Northeast) Canton City Health Department: Carroll, Columbiana, Holmes, Mahoning, Portage, Stark, Trumbull, Tuscarawas, and Wayne counties.

Region 7 (Lake Central) Cuyahoga County Board of Health: Ashtabula, Cuyahoga, Geauga, Lake, and Lorain counties.

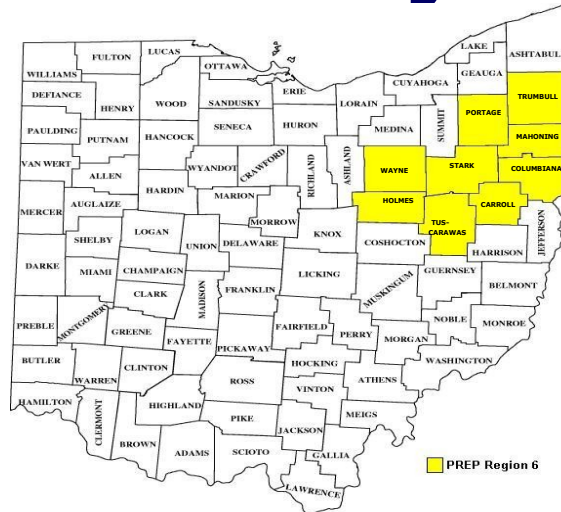
Region 8 (North Central) Summit County Public Health: Ashland, Crawford, Erie, Huron, Marion, Medina, Richland, Sandusky, Seneca, Summit, and Wyandot counties.

Region 9 (Central) Nationwide Children's Hospital: Delaware, Fairfield, Franklin, Knox, Licking, Madison, Morrow, Pickaway, and Union counties.



Ohio PREP is funded by The Department of Health and Human Services, Administration on Children, Youth and Families (ACYF) and administered by the Ohio Department of Health, Bureau of Community Health and Patient-Centered Primary Care, School and Adolescent Health Program.

Ohio PREP Region 6



Ohio PREP Region 6 Agencies Instructing Youth

Chance Given

- Community Corrections Facility - Multi-County Juvenile Attention System (MCJAS)
- Indian River Department of Youth Services
- Mahoning County Juvenile Justice
- National Youth Advocate Program
- New Philadelphia Group Home—Multi-County Juvenile Attention System (MCJAS)

Pathway Caring for Children

- Portage County Department of Job and Family Services
- Residential Treatment Center - Multi-County Juvenile Attention System (MCJAS)
- Specialized Alternatives for Families and Youth
- Stark County Department of Job and Family Services
- Trumbull County Juvenile Justice
- Youth Intensive Services

Ohio PREP Region 6 Agencies with PREP Trained Staff

- Alliance For Children and Family
- Bair Foundation
- Catholic Charities
- Chance Given

- Columbiana County Department of Job and Family Services
- Community Corrections Facility-MCJAS
- Family Life Counseling

- Indian River Department of Youth Services
- Mahoning County Children's Services
- Mahoning County Juvenile Court
- National Youth Advocate Program
- New Beginnings

- New Philadelphia Group Home-MCJAS
- Pathway Caring for Children

- Portage County Department of Job and Family Services

- Portage County Family and Community Services
- Residential Treatment Center-MCJAS
- Specialized Alternatives for Families and Youth
- Stark County Community Action Agency

- Stark County Department of Job and Family Services
- Stark County Family Court
- Stark County Urban Minority Alcoholism and Drug Addiction Outreach Project (SCUMADAOP)

- Stepping Stone Residential

- The Twelve

- The Village Network

- Trumbull Children Services

- Trumbull County Juvenile Justice

- Trumbull Juvenile Detention

- Wayne County Department of Job and Family Services

- Youth Intensive Services